

Girls on the Run is for



EVERY girl



Girls on the Run is an afterschool program like no other!

Twice per week for 10 weeks, girls will have fun, make friends, increase their physical activity levels, and learn important life skills. Trained and caring coaches lead 3rd - 8th-grade girls through interactive lessons and movement activities. The season ends with a celebratory 5K event.



Why it matters
It's fun. It's effective.

Participating in Girls on the Run transforms girls' lives by helping them increase their self-confidence, develop healthy relationships, and feel good about themselves, inside and out.



Girls who were the least active at the start of the program increased their physical activity by more than 40%*



97% of participants said they learned critical skills to manage emotions, resolve conflict, help others or make intentional decisions*

SEASON DETAILS

Registration is Now Open

Program Starts: 2/12/2024

Program Fee: \$125

Financial Assistance is available

Contact: Maicel Green

maicel.green@girlsontherun.org

*Results based on a independent study conducted by Positive Youth Development expert Maureen R. Weiss, Ph.D.

Learn more and register today at www.gotrpanhandle.org

SAVE THE DATE! *APRIL 15 2024*

**2024 WOMEN & GIRLS SUMMIT:
ADVOCACY, RESILIENCE, & EMPOWERMENT**

Elevate Your Students' Potential!

Calling all Principals! Inspire your female high school students by immersing them in a day of learning. Our summit is dedicated to exploring and enhancing the status of women and girls in our community.

***What to Expect: ✨ 15+ Engaging Sessions ✨ 4 Thought-Provoking Tracks ✨
1 Unforgettable Keynote by Lisa Hinkelman, CEO of ROX ✨***

Equip your students with **the tools they need to advocate for change, embrace resilience, and empower others**. This summit promises a transformative experience that will resonate long after the event. Don't miss this opportunity to shape the future leaders of tomorrow!

Secure your students' spots today and be a catalyst for positive change!

.....

SAVE THE DATE! *APRIL 15 2024*

**2024 WOMEN & GIRLS SUMMIT:
ADVOCACY, RESILIENCE, & EMPOWERMENT**

Elevate Your Students' Potential!

Calling all Principals! Inspire your female high school students by immersing them in a day of learning. Our summit is dedicated to exploring and enhancing the status of women and girls in our community.

***What to Expect: ✨ 15+ Engaging Sessions ✨ 4 Thought-Provoking Tracks ✨
1 Unforgettable Keynote by Lisa Hinkelman, CEO of ROX ✨***

Equip your students with **the tools they need to advocate for change, embrace resilience, and empower others**. This summit promises a transformative experience that will resonate long after the event. Don't miss this opportunity to shape the future leaders of tomorrow!

Secure your students' spots today and be a catalyst for positive change!



FREE Developmental Screenings for Kids!

For children ages 6 months to 5 years, not yet in Kindergarten

Screening Location:

Wesson Campus
2813 S. Meridian Street
Tallahassee, FL 32301

Registration will be
open from February 19-
March 19, 2024.

Learn more & register at:
<https://forms.office.com/r/rHha4ftQFe>



Friday, Mar. 22, 2024

*Appt. times from 8:30 AM
to 2:00 PM*

Screening Includes:

- ✓ Vision & Hearing
- ✓ Health & Nutrition
- ✓ Motor Skills
- ✓ Cognitive Behavior
- ✓ Speech
- ✓ Plus Dental!

For questions, please contact Janie Register at 850-561-6545 or registerj@leonschools.net.

Event partners:





Paperwork



Assessment



Income tax



Inspection



Amounts



Tax figures



Increase

Get Your Taxes Done for **FREE!**

Get Your **FULL** Tax Refund with **VITA!**

Don't Pay for Filing or Quick Refunds Loan

NOTE: Our volunteers are trained to only complete **SIMPLE** tax returns. This means we **CANNOT** complete returns with itemized deductions, self-employment, brokerage statements, and/or rental property income.

Sites operated by **UNITED WAY OF THE BIG BEND** are open on days and at times noted below.

LINCOLN NEIGHBORHOOD CENTER GYMNASIUM

438 West Brevard Street
(Use Macomb entrance)
(Walk-In Only - Slots Limited)
WEDNESDAYS • 10 am-1 pm
FEBRUARY 7 - APRIL 10
Closed on February 14

FLORIDA BLUE

2116 Apalachee Parkway
(By Appointment Only Link:
<https://bit.ly/taxesFLBlue>)
WEDNESDAYS • 12 pm-3 pm
FEBRUARY 7 - APRIL 10
SATURDAYS • 10 am-2 pm
FEBRUARY 3 - APRIL 6

SMITH-WILLIAMS SERVICES CENTER

2295 Pasco Street
(Walk-In Only - Slots Limited)
WEDNESDAYS • 5 pm-7 pm
SATURDAYS • 10 am-2 pm
FEBRUARY 4 - APRIL 15
Closed on February 14
and March 16

ENVISION CREDIT UNION

600 N Monroe Street
(By Appointment Only Link:
<https://bit.ly/taxesEnvision>)
FRIDAYS • 10:30 am-2:00 pm
FEBRUARY 3 - APRIL 14
EVERY OTHER SATURDAY
10 am-3 pm

LOYALTY CREDIT UNION

580 Appleyard Drive
(By Appointment Only
<https://bit.ly/taxesLoyalty>)
FEBRUARY 15 and 22
9:30am-12:30pm
MARCH 28 - 9:30-12:30pm
APRIL 4 - 9:30-12:30

Need help making an appointment? Call (850) 414-0853

TALLAHASSEE COMMUNITY COLLEGE

444 Appleyard Dr
(Appointment Only Link:
<https://bit.ly/taxesTCC>)
Student Services Building
FEBRUARY 7 - 2:00-4:00
FEBRUARY 20 - 2:00-4:00
FEBRUARY 28 - 10:00-12:00
MARCH 20 - 10:00-12:00
MARCH 5 - 2:00-4:00
APRIL 10TH 2:00-4:00

SALVATION ARMY

2410 Allen Rd
(Appointment Only Link:
<https://bit.ly/taxesSalvation-Army>)
FEBRUARY 6 and
MARCH 12
12 pm-4 pm

PINEVIEW ELEMENTARY SCHOOL

2230 Lake Bradford Rd
(Appointment Only Link:
<https://bit.ly/taxespsv>)
FEBRUARY 1
1 pm-4 pm
FEBRUARY 2
1 pm-4 pm

WAKULLA COUNTY PUBLIC LIBRARY

4330 Crawfordville Hwy
(Appointment Only Link:
<https://bit.ly/taxesWakulla>)
FEBRUARY 15 and
MARCH 14
5 pm-8 pm
FEBRUARY 24 and
MARCH 23
10 am-1 pm

APALACHICOLA MARGARET KEY PUBLIC LIBRARY

80 12th St, Apalachicola
(Appointment Only
Link:<http://www.bit.ly/RealSenseTaxes>)
MONDAYS • 10 am- 2 pm
WEDNESDAYS • 10 am-2 pm
SUNDAYS • 12 pm-4 pm
FEBRUARY 7 - APRIL 14

Please arrive at your appointment with all the documents that are needed to complete your tax return.

If you do not have all your documents, you will be asked to make another appointment.

We can complete up to three years of past returns. If you have multiple years of tax returns that need to be completed, please make an appointment for each year.

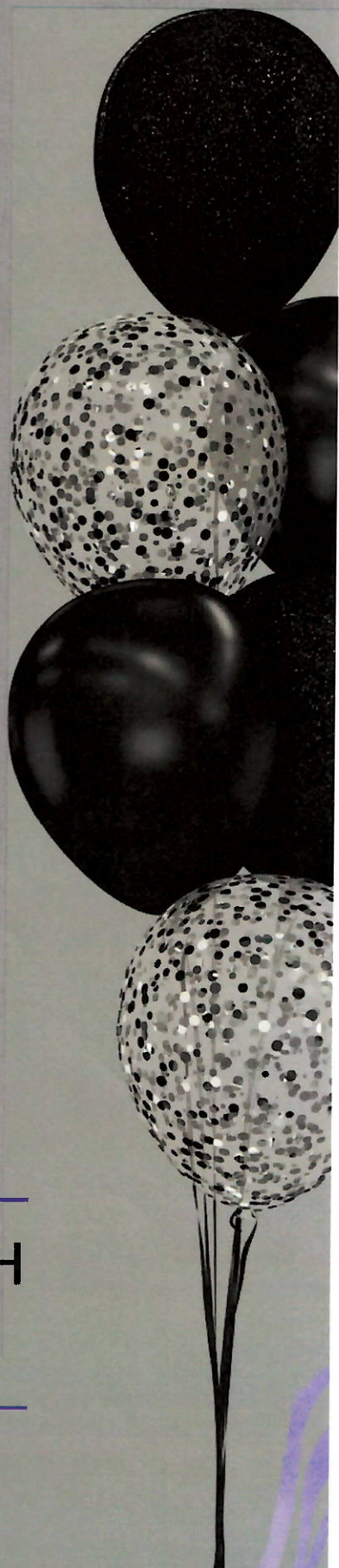
Please have the following information available when you come to the VITA site:

- Birth dates for you, your spouse and dependents
- Bank routing and account numbers for direct deposit
- Total amount paid for daycare provider
- The daycare provider's tax identifying number such as their Social Security number or business
- Employer Identification Number



For more information, contact Samantha Sager, at samantha@uwbb.org or 850.414.0856 • uwbb.org/vita

Sponsored by UWBB and the State of Florida, Department of Commerce



SAVE THE DATE

13TH
ANNUAL

*Mother
& Son
Dance*

SATURDAY, MAY 11TH
AT 6:00 PM

THE MOON
1105 E LAFAYETTE ST

FOR MORE INFO, CONTACT
RCTSSECRETARY@GMAIL.COM